



## Zurzuvae™ Prior Authorization Request Form

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| Member Information <small>(required)</small> |        |      | Provider Information <small>(required)</small> |        |            |
|--|--------|------|--|--------|------------|
| Member Name:                                 |        |      | Provider Name:                                 |        |            |
| Insurance ID#:                               |        |      | NPI#:  |        | Specialty: |
| Date of Birth:                               |        |      | Office Phone:                                  |        |            |
| Street Address:                              |        |      | Office Fax:                                    |        |            |
| City:  | State: | Zip: | Office Street Address:                         |        |            |
| Phone:                                       |        |      | City:  | State: | Zip:       |

| Medication Information <small>(required)</small>                                |  |                     |              |
|---|--|---------------------|--------------|
| Medication Name:  |  | Strength:           | Dosage Form: |
| <input type="checkbox"/> Check if requesting <b>brand</b>                       |  | Directions for Use: |              |
| <input type="checkbox"/> Check if request is for <b>continuation of therapy</b> |  |                     |              |

| Clinical Information <small>(required)</small>   |
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| <p><b>Select the diagnosis and list the rating scale and score below:</b></p> <p><input type="checkbox"/> Diagnosis of severe postpartum depression as indicated by DSM-5 criteria and/or an appropriate depression rating scale (e.g., HAM-D, MADRS, PHQ-9, etc.) _____</p> <p><input type="checkbox"/> Diagnosis of mild to moderate postpartum depression as indicated by DSM-5 criteria and/or an appropriate depression rating scale (e.g., HAM-D, MADRS, PHQ-9, etc) _____</p> <p style="margin-left: 20px;"><input type="checkbox"/> Trial and failure, contraindication or intolerance to at least one oral SSRI or SNRI (e.g., escitalopram, duloxetine, etc)<br/>List SSRI or SNRI tried and duration _____</p> <p style="margin-left: 20px;"><input type="checkbox"/> If disqualifying agents due to contraindications alone (without history of previous failed therapy), contraindications to both SSRI and SNRI classes is required. Documentation must be submitted indicating reasoning behind each contraindication.<br/>List the contraindications for SSRI and SNRI _____</p> <p>_____</p> <p><input type="checkbox"/> Other diagnosis: _____ ICD-10 Code(s): _____ - _____</p> |

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| <p><b>Clinical information:</b></p> <p>When was the onset of symptoms? Provide date: _____</p> <p>When was the delivery date? Provide date: _____</p> <p>Has the patient been treated with brexanolone (IV formulation)? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, date: _____</p> |
|---|

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| <p><b>Prescriber attests that the patient has been counseled and has agreed to adhere to the following:</b></p> <p><input type="checkbox"/> Patient will follow instructions to not drive or operate machinery until at least 12 hours after taking each dose of Zurzuvae for the duration of the 14-day treatment course and that patients are informed that they may not be able to assess their own driving competence, or the degree of driving impairment caused by Zurzuvae</p> <p><input type="checkbox"/> Patient has ceased lactating or breastmilk produced will not be used for feedings during treatment and up to 7 days following last dose</p> <p><input type="checkbox"/> Females of reproductive potential should be advised to use effective contraception during treatment and for 1 week after the final dose</p> <p><input type="checkbox"/> Therapy will not be used in the same pregnancy as brexanolone (Zulresso)</p> |
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**Are there any other comments, diagnoses, symptoms, medications tried or failed, and/or any other information the physician feels is important to this review?**

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Please note: This request may be denied unless all required information is received.  
For urgent or expedited requests please call 1-855-401-4262.  
This form may be used for non-urgent requests and faxed to 1-844-403-1029.

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